

Newsletter 2011 Issue 2



50% TOOTH WHITENING SPECIAL OFFER!!

Please visit our brand new website at :-



www.qrdp.co.uk

To find out all the details about all the latest offers from Queens Road Dental Practice.

Why not follow us on facebook :-

www.facebook.com/QueensRoadDentalPractice

Or twitter :-

www.twitter.com/QueensRoadAberd

and get real time updates of everything that is going on at the practice.

We hope you enjoy the new website, we're very proud of it!

Welcome to the second issue of our patient newsletter keeping you up to date with the latest news about the practice. It has tips on the best way to care for your teeth and interesting articles on relevant dental healthcare issues. We are writing to inform you of some exciting changes that are happening at Queens Road Dental Practice now and in the near future.



BABY BOOM AT QUEENS ROAD DENTAL PRACTICE!!!!

It's exciting times at the practice with the arrival of two new babies to the QRDP family! Dentist, Will Doherty and his wife Judith are extremely proud to welcome their wonderful baby boy Freddy Arran Doherty to the world, born on the 18th August. As if one wasn't enough, 8 Days later, on the 26th August our associate dentists Vikki and Chris McDonald, were delighted to announce the arrival of their beautiful daughter Emily Elizabeth McDonald. We wish them all the best and hope they don't have too many sleepless nights!!

We would also like to introduce you to the 2 new additions to our dental team:-

New Dental Therapist-Yvette Main

Yvette is a dental therapist who joins us from the Grampian Community Dental Service where she has gained vast experience in treating a wide variety of patients. Yvette is particularly interested in providing children's and adult preventative dentistry and oral health treatment. She will be working closely with your dentist and our team of 4 dental hygienists to help formulate a preventative plan for you and your family.

New Dentist – Judith Doherty

Judith Doherty will be arriving at Queens Road Dental Practice in February 2012. Judith qualified from Glasgow Dental School in 2003 and moved to Aberdeen shortly after. Since 2004, following completion of her vocational training in Stonehaven, Judith has worked in private practice in Aberdeen city centre. Judith strives to empower patients towards achieving a healthy smile with an emphasis on preventative dentistry. She enjoys getting to know her patients and maintaining good rapport during the course of their treatment. She has a keen interest in paediatric dental care and regularly attends courses to keep up to date with recommended best practice. Outside of dentistry Judith enjoys family time and can often be found rambling across the Aberdeenshire countryside with her husband, son and 2 dogs. Judith also enjoys good food, time with friends and a good barbeque when the sun is shining!



FIVE FACTS ABOUT DENTAL CARE FOR MOTHER AND BABY

Continuing on with our baby theme, here's some handy tips for new mum's as recommended by the British Dental Health Foundation :-

1. Your gums may bleed more easily during pregnancy due to hormonal changes, and so frequent visits to the dentist and a high level of oral hygiene are advised.
2. Your baby is more likely to have poor teeth if you smoke due to the enamel not being formed correctly.
3. Good nutrition from the mother during pregnancy is important in order for baby's teeth to develop.
4. Adult teeth are developing in the jaws below baby teeth at birth.
5. Expect teething to begin around six months and last until all 20 baby teeth arrive at around 2 and a half.

UPDATES FROM QRDP

As a part of our continual desire to provide the very best care and facilities to our patients QRDP has made a number of changes in the last few months.

Firstly many of you will have seen our fabulous newly refurbished dental hygienist surgery, completed in June 2011.

We have also made some upgrades to the waiting room area. As well as an array of up to date and topical magazines and a large flat screen TV, all our patient's can now log in to our free WiFi connection giving access to high speed broadband on your phone, Ipad and computer whilst you wait. Also we've installed a refrigerated water machine in the waiting room. This will provide filtered cold water in abundance to quench that thirst whilst you relax in our spacious waiting area.

Finally, as the winter months are closing in we thought it would be nice to offer our loyal patients some protection from the rain. If you are unlucky enough to get caught out in a wintry shower next time your visiting the practice, fear not, help is at hand!! We've decided to set up a borrow a brolley scheme, feel free to use one of the umbrellas on display in the vestibule area, all we ask is that you return it to us next time you are passing by the surgery.



50% off Tooth Whitening to Celebrate the Launch of our New Website !

Our fantastic new website is here!! For all the details and to take advantage of our Tooth Whitening offer please visit :-

WWW.QRDP.CO.UK

You can also subscribe to future newsletters by visiting the above website address

WE WELCOME NEW PATIENTS

We are delighted to welcome new patients to Queens Road Dental Practice and the best ones are those that are recommended by you, our valued patients. It stands to reason that if you are happy with our service then your friends and family will be too. If you know of someone who would appreciate our services please pass on our details.

OPENING HOURS

Monday 8:30 to 17:00

Tuesday 8:30 to 17:00

Wednesday 8:30 to 19:00

Thursday 8:30 to 18:00

Friday 8:30 to 15:00

LOCH NESS MARATHON RUN FOR ERSKINE CHARITY

Principal dentist Roshan Fernandez completed the Loch Ness Marathon in 4h52m30s on Sunday the 2nd Of October. Thanks to the generous donation of friends, colleagues and patients e managed to raise over £500 for the Scottish war veteran charity Erskine.

